



## Mornington Chasers Running Club

AGM – 2<sup>nd</sup> November 2015 – The Grafton Pub

### Minutes

#### **Apologies**

Committee members who sent their apologies: Andrea Sanders-Reece, Dan Hedley, Rob Mitchell.

#### **Membership Secretary's Report**

Membership has been increasing throughout the year. We currently have 263 members (305 including life members). This has been achieved through improving the website, fliers and the beginners programme. We would like to make the club more diverse and more representative of the local community.

#### **Captains' Report**

##### Tuesday Nights

Big improvement in the number of people offering to lead runs, though there are still occasional evenings when we're short of volunteers. It would be great if club members could take the time out every now and then to lead a run.

The slower groups are particularly important in this regard.

Andrea/Avril have been leading coached runs on Tuesdays which has helped ensure there is more variety.

##### Sunday Runs

This year we have encouraged people to pre-arrange runs using Facebook, but ideally people should be able to turn up on a Sunday without planning, like in the pre-Facebook days.

##### Beginners

We have been running a couch-to-5k 9-week beginner's programme on Saturday mornings. From now programme on Tuesday evenings to see if that pulls in more people. Thanks to Adrian, Alice, Avril, Diane and John for helping lead sessions.

##### Communication

Big effort to improve the communication between the committee and the club this year. The website has now an events calendar, a who's who page and an archive of newsletters. Big efforts to keep members informed of what is going on in the club during the run announcement on Tuesday nights.

#### **Website Report**

The website has been completely rewritten. We now accept online membership payments. We have received positive feedback on the changes. A full refund was received from the company hired last year and which failed to deliver.

#### **Newsletter Report**

Andrea worked to try and make the content as relevant and succinct as possible for members. The introduction of race reports with the results has proved very popular.



### **Coaches' Report**

Attendance at the Tuesday evening coached sessions continues to attract increasing numbers of Chasers and potential members.

The feedback from the sessions is always excellent and PBs continue to tumble amongst the Chasers who attend the sessions.

We are still looking for Tom Craggs' replacement. In the meantime, Avril and Andrea are sharing Thursday's sessions.

### **Social Secretary's Report**

The social side of the club has thrived this year. The Tuesday pub nights in particular are now an established part of our routine. The Chasers BBQ in September was also a big success.

### **Treasurer's Report**

Rhonda presented her report and the Annual Accounts for the year.

### **Triathlon (including Aquathlon and Duathlon)**

Exciting year for Chaser Triathletes. Several members have taken up and are thoroughly enjoying the sport and learning new disciplines in the process.

More regular cycling activities have also been very useful including the Velopark Duathlons. Several Chasers have learnt or improved swimming this year and David Hidasi has now qualified as a swim coach and is keen to help develop that side of things.

### **Review of Amendments to the Club's Constitution**

The main changes brought to the existing constitution were presented and members present voted in favour of the new constitution.

### **Election of Officers**

The election procedure was carried out with the following results:

<b>Position</b>	<b>Name</b>	<b>Status</b>
Chair	Alice Sullivan	Elected
Secretary	Adrian Cathersides	Elected
Treasurer	Rob Mitchell	Elected
Women's' Captain 1	Danielle Smreczak	Elected
Women's' Captain 2	Hannah McQuarrie	Elected
Men's' Captain 1	Adrian Cathersides	Elected
Men's' Captain 2	Sebastian Rule	Elected
Newsletter	Lizzy Muggeridge	Elected
Web	John Armstrong (non-attending role)	Elected
Membership	Sebastian Rule	Elected
Kit Manager	Fiona Russell	Elected
Social Secretary	Karl Baddeley	Elected
Running Event Manager	Danielle Smreczak (with Dan Hedley continuing to support)	Elected
Cross country	Anna Waterman (non-attending role)	Elected



### **Club championship**

This year, the Club championship was the 10K in Regent's Park in November. The club championship for 2016 will be announced in January. Prizes for this year will be given at the Christmas Party on 4<sup>th</sup> December .

### **Life membership**

Life membership will be awarded on the basis of exceptional service to the club, following a vote at the AGM.

Maurice Raynor was awarded lifetime membership

### **London Marathon**

The club has been awarded two places for the 2016 London Marathon. More places could be given as members are helping at the elite water station.

### **Amendment of bank signatories**

Current signatories to the Club's Santander bank accounts are Rhonda Wells, Avril Riddell and Rafaele Lamour. New officers elected at the AGM are reminded to have new Treasurer (Rob Mitchell), new Chair (Alice Sullivan) and new Secretary (Adrian Cathersides) added to the bank mandate and Paypal (and take existing ones off).

All members and committee present were in agreement that signatories should be so updated. Any contact details that need updating on bank records are also to be made at the same time. Rob Mitchell and Alice Sullivan to action with bank.