



Mornington Chasers Regent's Park 10k Series

Location: The Hub, Regent's Park, London NW1 4RU

Start Time: 9:00am on the 1st Sunday of each month.

Regent's Park is the perfect setting for a flat, fast and traffic free Sunday morning 10k. The race start is from outside The Hub in Regent's Park and consists of three laps within the park covering a measured 10k distance. The facilities at the race include toilets, changing rooms, water station, showers and post race refreshments. The race is chip timed and attracts all abilities of runner.

Prizes: Medals for all Finishers
Race and age category winners' prizes
Grand Prix Series prizes

Entry Fees: Single race entry £17.00 affiliated - £19.00 unaffiliated
3 race series entry £44.00 affiliated - £50.00 unaffiliated
6 race series entry £85.00 affiliated - £95.00 unaffiliated

Pick your Race: Please tick the boxes of the races you want to enter:

| | | | |
|-----------------|--------------------------|-----------------|--------------------------|
| 7 October 2018 | <input type="checkbox"/> | 6 January 2019 | <input type="checkbox"/> |
| 4 November 2018 | <input type="checkbox"/> | 3 February 2019 | <input type="checkbox"/> |
| 2 December 2018 | <input type="checkbox"/> | 3 March 2019 | <input type="checkbox"/> |

Entries: Return entries to Mornington Chasers, c/o Flat 23, 5 Stapleton Hall Road, London N4 3QQ. Cheques payable to "Mornington Chasers". Online Entries visit www.chaser.me.uk/regentspark10k

SURNAME..... FORENAME..... DATE OF BIRTH.....

AGE ON RACE DAY..... SEX Male / Female (delete as applicable)

TELEPHONE NO..... EMAIL.....

EMERGENCY CONTACT NAME AND NUMBER

IN CASE OF EMERGENCY

CLUB AFFILIATED Yes / No RUNNING CLUB NAME

I declare I will be 15 years of age or over on the date of the race and am an amateur as defined by UK Athletics Laws and will abide by the laws and rules of UK Athletics. I accept that the organiser will not be liable for any loss, damage, action, claim, cost or expenses which may arise as a consequence of my participation in this race. I declare that I will not compete unless I am in good health on the day of the race and in any event I accept that I attend at my own risk. In the unlikely event of abandonment or cancellation, all or part of my entry fee may be retained for the management and administration of the event. If I am under 18 years of age a parent or guardian will sign this entry form. I agree that I may be photographed and these photographs can be posted online.

I agree that you may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category.

I agree that health information be used and passed on in case of emergency.

SIGNATURE..... DATE.....